



DISCUSSION GUIDE

WEEK 4

Create A Rhythm

ICEBREAKER:

If you could have someone follow you around all the time, like a personal assistant, what would you have them do?

BIG IDEA:

Today's big idea: Increase the quantity of quality time together.

DAILY BIBLE READING (Optional):

Our daily Bible readings prepare us for the message.

> Deuteronomy 6:4-12; Exodus 20:8-11; Psalm 78:1-8; John 15:5-8; Ephesians 5:8-16

> Was there a particular passage that stood out to you?

SCRIPTURE: Deuteronomy 6:7; John 15

DISCUSSION:

1. Share one or two things that stood out to you in this message; was it challenging or inspiring?
2. In Deuteronomy 6:7-9 Moses shares many different ways to help parents and their children to remember the love of God. What were some of those examples? What specific things can you do to remember God's love and keep His commandments in your own family?
3. In John 15:5, Jesus says "I am the vine, you are the branches." What is Jesus claiming about himself? How has this statement rung true in your own life?
4. How would you describe your family's rhythm currently? Is it trending toward health spiritually and relationally? Do you feel like your rhythm is chaotic or out of your control?

LIFE APPLICATION:

1. What are some of the healthy rhythms you've established in your relationship with Jesus? What did you intentionally do to get there?
2. Pastor Brett mentioned a few different types of hats you might wear as it relates to your kids or young people in your life. Is there a particular hat that you feel like you wear more than others? What steps can you take to help balance the different roles in your family's life?
3. As you reflect on the entirety of the *Family Valued* series what's one simple next step you are desiring to put in place for your family? It could simply be scheduling a devotional time or being more intentional while wearing a specific hat. What is going to be different as a result of this particular series?

Take Time To Pray:

This week be intentional about creating good rhythms with Jesus and your entire family. Maybe start with having dinner together and spending time sharing about what you are thankful for. Maybe there is a chance for your family to pray together before you all leave for the day. Step into the rhythm of creating quality time together.



Daily Devotion



Prayer



Freedom from Strongholds



Serve the Community



Sacrificial Generosity



Share Your Story



Celebration