

DISCUSSION GUIDE WEEK 5 Communion

ICEBREAKER:

What is the first thing you usually notice about a person when you meet them?

BIG IDEA:

Today's big idea: Communion holds the church together!

DAILY BIBLE READING (Optional):

If you'd like our daily bible reading, sign up through our connect card at findcommunity.com/nextsteps.

> John 6:53; Exodus 12:1-11; Matthew 26:26-30; Luke 22:14-20; 1 Corinthians 11:23-29

> Was there a particular passage that stood out to you?

SCRIPTURE: John 6:53-56; 1 Corinthians 11:23-26

DISCUSSION:

1. Was there anything that challenged or encouraged you from Pastor Scott's message about communion? What was your biggest takeaway from this message?
2. Have someone take time and read John 6:53. As Pastor Scott shared, do you tend to focus on the inward, or outward aspects of communion?
3. During the meal with his disciples, Jesus took the bread without yeast and broke it and gave thanks and forever changed the symbol of the bread. It no longer represented hurrying to flee Pharaoh; now it represented Jesus' body. Jesus also took the wine and made it about his blood. In what ways do you think Jesus is the completion/fulfillment of the Passover meal?
4. If we have been taking communion for a while, it's easy to enter into that moment on autopilot. Have you ever experienced that while taking communion? How can you be more engaged while taking communion?
5. How could we make this private moment in the service more communal?

LIFE APPLICATION:

1. If you went to church as a child, how do you remember the celebration of communion? How does that differ from your celebration of communion now?
2. How might you explain to someone that communion is understood as a remembrance of the past and a hope for the future, a chance to reflect inwardly and about the outward community?
3. Communion in its essence is a spiritual act. How do you prepare yourself spiritually for communion?

Take Time:

Communion can be a transformative moment of worship for anyone. It reminds us of our commitment to Jesus, and encourages us to keep moving forward. This week's challenge is for your growth group to experience the "Power of Us" as we center around our commitment to Jesus. Plan a time for your group to get together and literally break bread together; share a meal, spend time hanging out and getting to know each other's stories. At the end of that time, have someone in your group lead you through communion with the bread and the cup. Your group can read through Matthew 26:26-30 or 1 Corinthians 11:23-27 to help guide you through communion. Have a great week!



Daily
Devotion



Prayer



Freedom from
Strongholds



Serve the
Community



Sacrificial
Generosity



Share Your
Story



Celebration